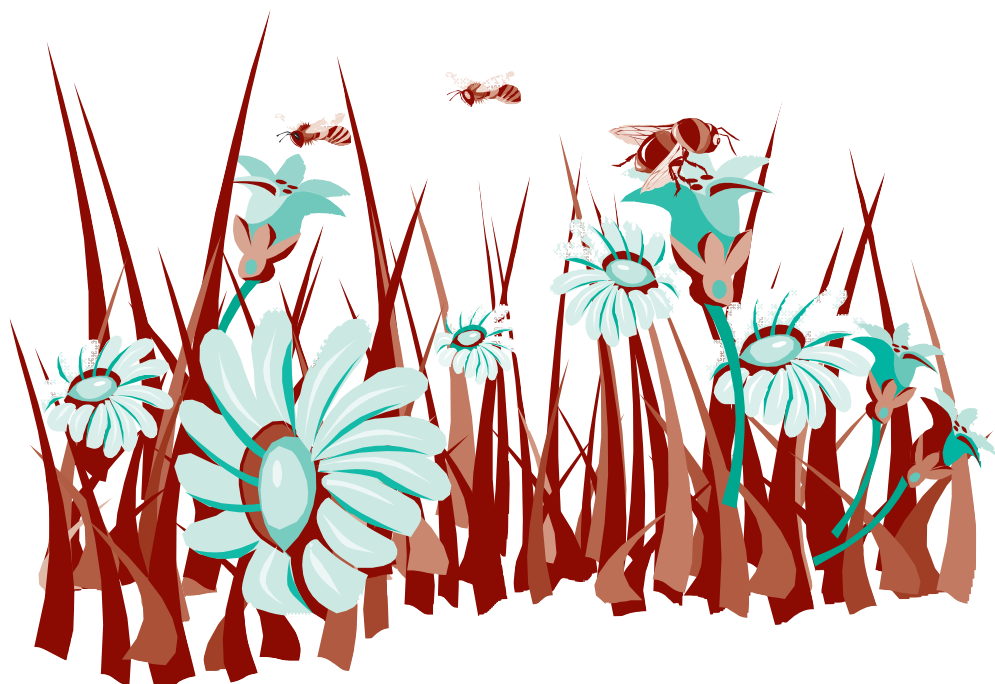


Croton-on-Hudson

Recreation & Parks
Department
Recreation Programs

*Spring * Summer*
2006



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Village of Croton-on-Hudson

Dr. Gregory J. Schmidt, Mayor
Thomas Brennan, Trustee
Ann Gallelli, Trustee
Charles A. Kane, Trustee
Leo A.W. Wiegman, Trustee
Richard F. Herbek, Village Manager

Department of Recreation and Parks

Susan M. Menz, CPRP, Superintendent
Mark Duncan, Recreation Supervisor
Christa Callaghan, Recreation Assistant
Yvonne Beldotti, Director of Senior Recreation
Barbara Salvatore, Office Assistant
Art Neff, Park Foreman
Rudy Fasciani, Park Groundsman
Ron Martinson, Park Groundsman

Recreation Advisory Committee

John Giglio, Chairperson

Gary Pettit
Joseph Streany
Lisa Vlad

Robert Soucy
Mary Thoubboron
Alice Habib

Office Phone
Youth/Teen Program

(914) 271-3006
(914) 271-8562

MISSION STATEMENT

It is the mission of the Village of Croton-on-Hudson Recreation and Parks Department: to create and maintain aesthetically pleasing, safe, healthful, and enjoyable areas for residents; to provide positive, cost-effective leisure opportunities which promote individual and community wellness for children, youth, adults and seniors; to promote the preservation and appropriate utilization of the Village's recreational resources.

2006 Registration Information

This brochure provides a description of programs, facilities and special events offered for Spring/Summer 2006 by the Village of Croton-on-Hudson's Recreation and Parks Department. Most classes have a limited availability and are offered on a first-come, first-served basis. Therefore, early registration is encouraged. Programs may be canceled due to insufficient registration. Summer Camp registration will be held on a lottery basis. Please see Day Camp and Tiny Tots information for registration details.

Village residents are those who live within the boundaries of the incorporated Village of Croton-on-Hudson, and therefore, pay taxes to the Village. The programs and facilities of the Recreation and Parks Department are also made available to those who reside within the Croton-Harmon School District yet outside the Village boundaries. In some cases, School District residents are required to pay a higher "non-resident" fee than Village residents; although they are given equal priority in the registration process. If there are still openings in certain programs after Village and School District residents have had an opportunity to register, the Department will consider non-resident applications, at a higher fee, on a per-program basis.

For some programs, the mail-in registration form located in the back of this brochure can be used. When mailing in a registration form, please send separate checks for each program. Mail to: Croton Recreation and Parks Department, Stanley H. Kellerhouse Municipal Building, One Van Wyck Street, Croton-on-Hudson, NY 10520. **All Checks or money orders should be made payable to:**

CROTON RECREATION DEPARTMENT

We do not accept credit cards. Program fees will not be pro-rated. If at any time you have questions or concerns about any of our programs or facilities, please call our office at 271-3006. The Recreation Department Office is located on the second floor of the Municipal Building; please feel free to stop by on a weekday between 8:30 AM and 4:00 PM. **Please, check out the Village's website at www.crotononhudson-ny.gov**



REFUND POLICY

The Recreation Department does not issue refunds unless a program has been canceled due to insufficient registration. Registrants assume full responsibility for any changes in their personal life, which may affect their ability to participate. In rare cases, a participant may encounter an unforeseeable, and unavoidable, situation that they feel may warrant a refund of fees paid. These situations will be reviewed on an individual basis by the Superintendent, who will then make a refund determination.

- * No refunds will be made after the start of the first class or session.
- * All claims for refunds for classes must be requested in writing.
- * A \$10.00 processing fee will be retained by the Village in all cases that refunds, partial refunds or program section transfers are granted.
- * There is an additional charge of \$20.00 on all returned checks.
- * **REFUNDS FOR DAY CAMP AND TINY TOTS WILL ONLY BE MADE IF THE SPACE CAN BE FILLED. NO REFUNDS ISSUED AFTER JUNE 2nd.**

MEDICAL INSURANCE

As an applicant for participation in recreation programs sponsored by the Village of Croton-on-Hudson, it is extremely important that you are aware that the Village of Croton **DOES NOT** provide medical insurance in such programs. If you do not have a personal medical insurance policy, we urge that you secure one prior to enrolling in any programs. All persons participate at their own risk.

SUMMER STAFF POSITIONS

Applications are now available for positions with the Recreation and Parks Department's summer programs. The available positions include camp counselors, park groundspersons, lifeguards, and gate attendants. Please call the Recreation office to receive an application and to set up a required personal interview. All applicants for paid positions must be at least 16 years of age.

Our summer camp programs will hire a select few 15-year-olds as counselors-in-training. The 15 year-olds will earn community service credit, acquire job experience, and have an enjoyable summer in the process! Preference will be given to those who can commit to the full six-week season.

CROTON RECREATION AND PARKS

PHOTO IDENTIFICATION POLICY

Beginning May 1st, all persons 4 years of age or older MUST PRESENT a photo ID issued by the Recreation Department to use Silver Lake, Senasqua Park, and Hudson National Golf Course.

Photo ID Fee:

Village Residents	\$ 6.00
School District Residents	\$12.00
Senior Citizens	Free
Photo ID will be valid for 3 years.	

Proof of residency will be required from ALL Village and School District residents purchasing a photo ID. Satisfactory proof of residence includes a driver's license or other photo ID with the address listed, along with other proof of residence such as a tax bill or recent utility bill. For school district residents, a copy of school tax bill will be accepted as proof along with a photo ID. **An old Recreation & Parks photo I.D. card cannot be used as proof of current residency.**

ID Photos will be taken at the Municipal Building's Recreation Office:

Tuesdays & Thursdays (not holidays)		12:30 PM – 3:30 PM
<u>May</u>	Monday	8 6:00 PM – 9:00 PM
	Saturday	13 9:00 AM – 12 Noon
	Thursday	25 4:00 PM – 7:00 PM
	Wednesday	31 6:00 PM – 9:00 PM
<u>June</u>	Tuesday	6 4:00 PM – 8:00 PM
	Saturdays	17, 24 9:00 AM - 12 Noon
<u>July</u>	Tuesday	11 4:00 PM - 8:00 PM

Summer Camp Program Registration

The lottery registration deadline for Day Camp and Tiny Tots is Thursday, April 20 at 12 Noon. Your form(s) must be in our office at this time, completed and paid in full. **You must register using the appropriate Day Camp or Tiny Tots triplicate form.** We suggest bringing your form(s) to our office in person, weekdays between 8:30 AM and 4:00 PM. School District residents may participate in the lottery; however, they will pay the appropriate non-resident rate. Unless you request differently on your form, anyone unable to be placed in the full season will

be placed in whichever session(s) are available and will be charged the appropriate individual session rates. You will be notified by mail once we have completed the lottery registration. If you have not received anything in the mail by April 28th, please call our office for information.

If there are any openings in either summer camp program after the lottery is complete, these will be filled on a first-come, first-served basis. Any non-resident applications will be received after May 31st (space permitting). **If you have any questions regarding the lottery process, please call the Recreation office prior to the lottery deadline.**

CROTON DAY CAMP

Tuesday, June 27th – Friday, August 4th

9:00 AM - 3:00 PM Weekdays only

No Camp 7/4

C.E.T. School

This program is open to youngsters who are 5 years old and have completed Kindergarten through those who have completed 6th grade. Children are divided into groups, each with a counselor and in some cases an assistant counselor. The program is varied and includes arts/crafts, sports, games, drama, special events, trips, and various other camp activities. Children must bring a lunch. Fee includes camp T-shirt and most off-site trips.

DAY CAMP FEES:

Camp is divided into three, 2-week sessions.

SESSION I: June 27th - July 7th (NO CAMP 7/4)

SESSION II: July 10th - July 21st

SESSION III: July 24th - August 4th

Village Resident Rates:

Section 1

\$185. Session I – 1st child

\$165. Session I – 2nd child

\$145. Session I – 3rd child

Sections 2 or 3

\$200. Session II or III – 1st child

\$180. Session II or III – 2nd child

\$160. Session II or III – 3rd child

Non-Resident Rates:

Section 1

\$225. Session I – 1st child

\$205. Session I – 2nd child

\$185. Session I – 3rd child

Section 6

\$460. Full Season – 1st child

\$410. Full Season – 2nd child

\$360. Full Season – 3rd child



Section 6

\$555. Full Season – 1st child

\$505. Full Season – 2nd child

\$455. Full Season – 3rd child

Sections 2 or 3

\$240. Session II or III – 1st child

\$220. Session II or III – 2nd child

\$200. Session II or III – 3rd child

TINY TOTS CAMP

Tuesday, June 27th – Friday, August 4th

9:00 AM – 12 Noon Weekdays only

No Camp 7/4

P.V.C. School

Tiny Tots is a half day camp for children ages 4-6 years old. Camp activities include games, music, arts/crafts, stories, special events, entertainment and other camp activities. Campers should bring a healthy snack.

TINY TOT FEES:

Tiny Tots is divided into three, 2-week sessions.

SESSION I: June 27th – July 7th (NO CAMP 7/4)

SESSION II: July 10th – July 21st

SESSION III: July 24th – August 4th

Village Resident Rates:

Section 1

\$125. Session I – 1st child

\$115. Session I – 2nd child

Section 6

\$300. Full Season – 1st child

\$275. Full Season – 2nd child

Sections 2 or 3

\$140. Session II or III – 1st child

\$130. Session II or III – 2nd child

Non-Resident Rates:

Section 1

\$150. Session I – 1st child

\$140. Session I – 2nd child

Section 6

\$360. Full Season – 1st child

\$335. Full Season – 2nd child

Sections 2 or 3

\$168. Session II or III – 1st child

\$158. Session II or III – 2nd child



Youth Activities

The Croton Youth Program, directed by Gary and Doreen Pettit, has an active program all summer. Tuesday is trip day with a different trip planned each week (schedule will be available in the Recreation Office) and Thursday is Drop-in night for fun and games. Trips are available for those who have graduated fifth grade and up. **Call 271-8562 for updates and more information.** A complete listing of activities is available on our website at: www.crotononhudson-ny.gov

If you are looking for someone to fill a job on a one-time or on-going basis, the Croton Youth Employment Service is for you. Some of the jobs we've filled include baby-sitting, petsitting, light house cleaning, yard work, party helpers and more. Stop by the Recreation Office on the 2nd floor of the Municipal Building and pick up a Youth Employment Referral list or give us a call and we'll mail you one. **Please note that the Recreation Department does not check references for anyone on the employment list. We strongly suggest you do so before hiring anyone.**

If you are looking for work in the area, it's for you too! To register and be put on the referral service list, drop by the Recreation Office and pick up a form or give us a call and we'll send you one. **In order to remain on the list, you must give us updated information at the beginning of each school year.**

PUTTING YOUR BEST FOOT FORWARD: Act.# 3110 Sec. 3 **HOW TO APPLY FOR YOUR FIRST JOB**

Dates: Monday, Tuesday, & Wednesday
April 24, 25, 26

Time: 3:30 PM – 4:30 PM

Location: Recreation Conference Room

Fee: \$10.00 Village residents
\$20.00 non-residents

Ages: 15 – 18 years old

Registration Deadline: April 19

This program is for teenagers looking to obtain their first job or simply make a great first impression in applying for a new job. Participants will review job applications and learn how best to answer the various questions. Additionally, the teens will learn how to dress, act, and speak appropriately during an interview. Finally, participants will have fun conducting mock interviews.



CREATIVE PLAYGROUP

Act.# 1300 Sec. 3

Dates: Wednesdays, beginning April 26
Time: 9:45 – 11:00 AM
Location: Municipal Building Community Room
Fee: \$64.00 Village residents for 8 sessions
\$77.00 non-residents
Ages: 18 months – 36 months
Registration Deadline: April 21

Join instructor Colleen Ferrari in this program which is designed for parent/caregiver and child to enjoy. The class will include musical games, art projects and creative movement activities. It is a wonderful opportunity for parents and children to socialize and make friends while having fun.

MODERN DANCE/ PRE BALLET FOR CHILDREN

Dates: Tuesdays, June 20 & 27 **Act.# 3000 Sec. I**
Wednesday, July 5
Thursdays, June 22, 29 & July 6
Time: 9:30 – 10:15 AM
Location: Recreation Conference Room
Fee: \$65.00 Village Residents for 6 sessions
\$78.00 non-residents
Attire: Wear a pink leotard; white footless tights and ballet shoes are optional. NO tutus please.
Ages: 3 ½ – 5 years old. Child must be out of diapers and able to participate in class without a parent in the room.
Registration Deadline: June 15
Instructor: Elizabeth Carlson, BFA, Juilliard; MS Ed. Fordham. NY State Certified Teacher.

Children are introduced to Ballet and Modern Dance fundamentals through the use of Creative Movement play. Sitting, standing and traveling exercises are done in a circle to piano music, rhymes and songs. Tiny backs are strengthened, feet are pointed and flexed. Dance patterns emphasizing timing and directionality move clockwise in a circle. Story dances encouraging creativity are included. Class ends with elementary locomotor exercises across the floor (run and leap, skip, slide and jump).



CAKE DECORATING FOR KIDS

Act.# 1060 Sec. 3

Dates: Tuesdays, beginning May 2
Time: 3:50 – 5:00 PM
Location: Municipal Building Community Room
Fee: \$125.00 Village residents for 7 sessions
\$150.00 non-residents
Grades: 2 – 6

Registration Deadline: April 27

Instructor: Jan Meryl Phair of Croton Cake Creations

Children will learn step-by-step: how to colorize frosting, how to frost cakes, different techniques such as drawings, writing, various border designs, and how to prepare and use decorating bags. Children will take home all of their decorated cakes. Plenty of made-from-scratch frosting, cakes, tools and lots of printed instructions are included. Children must bring their own apron or smock to class.

CAKE DECORATING CAMP

Act.# 1055 Sec. 1

Dates: Mon., Tues. & Wed., July 10, 11, & 12
Time: 9:30 AM – 12:30 PM
Location: Municipal Building Community Room
Grades: 2 – 6
Fee: \$130.00 Village residents
\$156.00 non-residents

Registration Deadline: July 5

Instructor: Jan Meryl Phair of Croton Cake Creations

This program is a very focused dessert camp featuring “sculptured” cakes and layer cakes. Children will learn to colorize, frost, and fill their cake creations using real decorating tools and pastry bags. They will learn various decorating techniques and designs. Each day they will bring home a cake project for that day. Printed handouts and instructions are also included. Campers may wish to bring in a small healthy snack and drink each day. Campers must wear their own apron or smock.



CO-REC BASKETBALL CAMP

Act.# 1020

Dates/Time: **Section 1:** July 10 – 14

9:00 AM – 2:30 PM

Section 2: July 17 – 21

Section 3: August 7 – 11

Location: Croton-Harmon High School Gym

Fee: \$165.00 per section, Village & School District residents

\$198.00 per section, all others

Grades: 3 – 8

Registration Deadline: one week prior to each section

Director: Bill Thom, C.H.H.S. Varsity Coach and Athletic Director

This is an instructional/game program which will teach and enhance youngsters' skills. Children will be divided by grade and skill level for competition. The camp focuses on the development of each individual's fundamental basketball skills. For additional excitement and fun, the week culminates with skill contests and awards. Each child will take home a t-shirt and basketball. Children should bring a water bottle and a bag lunch or they must have a parent's permission slip to leave camp for lunch.

US Sports Institute Camps & Clinics

The US Sports Institute is at the forefront of providing summer day camps in American communities. They enable each camper to grow in an atmosphere that promotes integrity, self-esteem, positive values and good sportsmanship. They are dedicated to delivering quality outdoor programs, where your child will not only have great fun but also learn that "character really counts!" Please register online at www.USBsportsInstitute.com or use the specific USSI flyer available at the Recreation Office. Make checks payable to "US Sports Institute".

MULTI SPORTS CAMPS

Dates/Times: MS310: August 28 – Sept. 1

9:00 AM – 1:00 PM

Location: Duck Pond Park

Fee: \$155.00 Village Residents

\$186.00 non-residents

Ages: 5 to 7 years

The Half Day Camp gives our younger participants (5-7 years) the opportunity to experience over 10 sports in a week. Campers will receive technical instruction in each sport and will then experience the sport in a realistic game situation. After lunch (typically 11:30 AM – Noon) all campers will participate in the USSI Olympic Games and World Cup.

Dates/Times: MS309: August 28 – Sept. 1 9:00 AM – 3:00 PM*

* finishes at 1:00 PM on Friday

Location: Duck Pond Park

Fee: \$175.00 Village Residents
\$210.00 non-residents

Ages: 7 to 14 years

The Full Day Camp offers campers (7-14 years old) the chance to experience many additional sports and daily sports challenges in addition to the entire sports line up of the half day camp. This is the true sports camp experience with so much to do in so little time!

SPORTS SQUIRTS CAMPS

Dates/Times: SS123: July 24 – 28

2:45 – 4:15 PM

SS067: August 7 – 11

5:00 – 6:30 PM

Location: Manes Memorial Field

Fee: \$85.00 Village Residents
\$102.00 non-residents

Ages: 3 to 5 years

A great way to introduce children ages 3 to 5 to a variety of sports such as soccer, t-ball, basketball, lacrosse, and hockey. Sessions take place in a safe environment and sports are played through a series of games and activities designed to ensure learning and most importantly fun, fun, fun.

FLAG FOOTBALL CLINIC

Dates/Times: FF003: August 7 – 11

5:00 – 7:00 PM

Location: Manes Memorial Field

Fee: \$105.00 Village Residents
\$126.00 non-residents

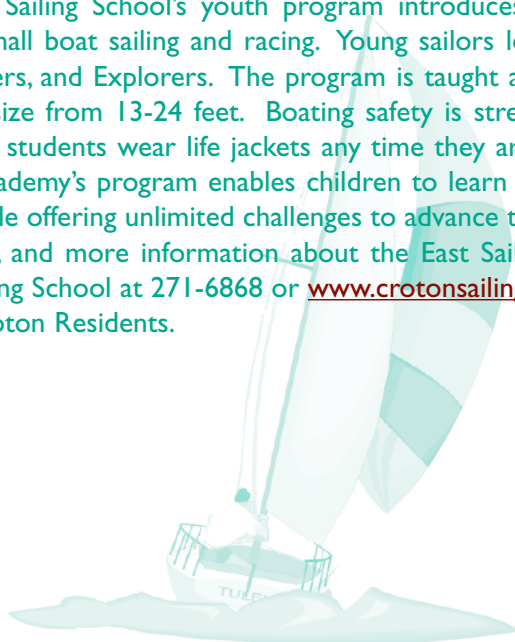
Ages: 7 to 14 years

The USSI Flag Football Clinic offers an incredible opportunity for any future football star to learn and enhance their skills in running, catching, passing, blocking. Open to children of all ability levels, the camp will focus on individual techniques and more importantly fun. The week finishes with the USSI Superbowl!



Croton Sailing's EAST SAILING ACADEMY

Croton Sailing School's youth program introduces children and teens aged 9-15 to small boat sailing and racing. Young sailors learn in three groups: Mariners, Voyagers, and Explorers. The program is taught aboard a fleet of vessels ranging in size from 13-24 feet. Boating safety is stressed throughout the program and all students wear life jackets any time they are on the water. The EAST Sailing Academy's program enables children to learn in a relaxed and safe atmosphere while offering unlimited challenges to advance their sailing skills. For rates, schedules, and more information about the East Sailing academy contact the Croton Sailing School at 271-6868 or www.crotonsailing.com Discounts are available for Croton Residents.



Adult Activities

MAKE & TAKE CAKE DECORATING

Act.# 2085

Dates/Times: **Sec. 3:** Monday, May 22 6:45 – 9:30 PM

Sec. 1: Tuesday, June 20 6:45 – 9:30 PM

Location: Municipal Building Community Room

Fee: \$47.00 Village residents for 8 sessions
\$56.00 non-residents

Ages: 18 years old or 15 years old accompanied by a registered adult

Registration Deadline: May 18 / June 15

Instructor: Jan Meryl Phair of Croton Cake Creations

This is an intensive, hands-on class that includes: 2-layer vanilla cakes, a cake carrier, freshly made frosting, recipe handouts, decorating tools, printed instructions and other handouts. You will learn step-by-step, how to properly frost and fill your cakes, how to colorize frosting, decorating techniques using pastry bags to create basket weaving, border designs, shells, scrollwork, ruffles, swags, lace-work, drawings, writing, roses and other flowers. Please bring an apron to class.

GUT BUSTER CLASS

Act.# 2020 Sec. 7

Dates: Tuesdays, beginning April 25
Time: 7:00 – 7:35 PM
Location: Municipal Building Community Room
Fee: \$50.00 Village Residents per section for 8 sessions
\$60.00 non-residents per section
Ages: 14 years old through adult
Registration Deadline: April 20

Instructor: Brenda Kostulas, CPT, Physical Victory Inc.

This is a 35 minute class that will help flatten the abdominal wall. Continuous exercise is done to target all abdominal muscles. The result is a stronger more defined midsection supporting your back. Join us for the power packed attack to the core. The instructor is fully certified as a group exercise instructor and personal trainer. Mats will be supplied; bring a water bottle.

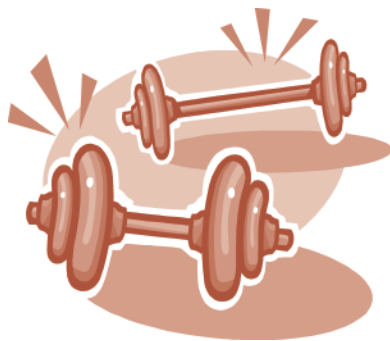
TOTAL BODY WORKOUT

Act.# 2025 Sec. 2

Dates: Thursdays, beginning April 27
Time: 7:00 – 7:40 PM
Location: Municipal Building Community Room
Fee: \$50.00 Village residents for 8 sessions
\$60.00 non-residents
Ages: 14 years old through adult
Registration Deadline: April 22

Instructor: Brenda Kostulas, CPT, Physical Victory Inc.

This class is 40 minutes of intense exercise targeting both upper and lower areas of the body. Weights and other sculpting techniques will be used to strengthen and define the muscles. The instructor is a fully certified personal trainer and group exercise instructor. Wear sneakers and bring a water bottle and a towel.



MODERN DANCE for the MIDDLE YEARS – Keep on Dancin!

Dates: Tuesdays, June 20 & 27 **Act.# 3020 Sec.1**

Wednesday, July 5

Thursdays, June 22, 29 & July 6

Time: 10:30 – 11:30 AM

Location: Recreation Conference Room

Fee: \$78.00 Village Residents for 6 sessions

\$94.00 non-residents

Attire: Leotard and bare feet.

Registration Deadline: June 15

Instructor: Elizabeth Carlson, BFA, Juilliard; MS Ed. Fordham. NY State Certified Teacher.

This Modern Lyrical Dance program is targeted for the dancer (beginner or returning dancers welcome) entering or firmly entrenched in the “middle years”, ages 40 and up. Younger adults are welcome too; no children please. This Modern Lyrical Dance is based on the traditions of Jose Limon, Martha Graham, ballet, Pilates, and Yoga. You will experience gentle conditioning for the body and nourishment for the soul.

MEDITATION FOR RELAXATION

Act.# 2005 Sec.2

Dates: Mondays, beginning April 24

Time: 7:30 – 8:30 PM

Location: Recreation Conference Room

Fee: \$35.00 Village Residents for 4 sessions

\$40.00 non-residents

Registration Deadline: April 20

Instructor: Barbara M. Smith, Certified Aromatherapist

This class will explore various methods of meditation and employ essential oils to help achieve self-awareness and inner peace. Participants should wear comfortable clothing and bring a blanket and pillow. Mats will be available at Recreation.



GENTLE BEGINNER YOGA - a first time yoga experience

Dates: Wednesdays, beginning May 3 **Act.# 2105 Sec. 4**
Time: 7:30 – 9:00 PM
Location: Recreation Conference Room
Fee: \$ 80.00 Village residents for 8 sessions
\$ 96.00 non-residents

Registration Deadline: April 28

Instructor: Andrea Naitove

This class is suitable as an introduction to yoga, and as a continuing gentle practice. This class will focus on building strength and increasing flexibility with careful attention to alignment and the needs of each student. Andrea is a certified Journey into Yoga instructor and a member of the Yoga Alliance. She includes a blend of the Kripalu and Iyengar styles in her teaching. Participants should wear comfortable clothing and bring a towel. Mats are available at Recreation.

For a less strenuous class, look into the CHAIR YOGA program listed in the Senior Citizen section of the brochure.

GENTLE BEGINNER YOGA - a first time yoga experience

Dates: Wednesdays, beginning July 5 **Act.# 2105 Sec. 1**
Time: 7:30 – 9:00 PM
Location: Recreation Conference Room
Fee: \$ 60.00 Village residents for 6 sessions
\$ 72.00 non-residents

Registration Deadline: June 30

Instructor: Andrea Naitove, **See Description Above**

GENTLE YOGA

Act.# 2075 Sec. 4

Dates: Mondays, beginning May 1
No class May 29
Time: 9:30 – 11:00 AM
Location: Recreation Conference Room
Fee: \$ 70.00 Village residents for 7 sessions
\$ 84.00 non-residents

Registration Deadline: April 26

Instructor: Andrea Naitove

This is a nurturing yoga class designed for students at all levels. This class will focus on building strength and increasing flexibility with careful attention to alignment and the needs of each student. Andrea is a certified Journey into Yoga instructor and a member of the Yoga Alliance. She includes a blend of the Kripalu and Iyengar styles in her teaching. Participants should wear comfortable clothing and bring a towel. Mats are available at Recreation.

For a less strenuous class, look into the CHAIR YOGA program listed in the Senior Citizen section of the brochure.

GENTLE YOGA**Act.# 2075 Sec. I**

Dates: Mondays, beginning July 10
Time: 9:30 – 11:00 AM
Location: Recreation Conference Room
Fee: \$ 60.00 Village residents for 6 sessions
\$ 72.00 non-residents
Registration Deadline: July 6
Instructor: Andrea Naitove, **See Description Above**

YOGA: Strengthen, Relax, Renew**Act.# 2070 Sec. 4**

Dates: Thursdays, beginning April 27
No class June 1
Time: 7:30 – 9:00 PM
Location: Recreation Conference Room
Fee: \$ 80.00 Village residents for 8 sessions
\$ 96.00 non-residents
Registration Deadline: April 24
Instructor: Andrea Naitove

This yoga class is designed for students with some yoga experience. Through breath work and postures we will focus on building strength, increasing flexibility and stamina, and releasing muscle tension and stress. Careful attention will be paid to alignment and the needs of each student. There will be an optional meditation period at the end of class. Andrea is a certified Journey into Yoga instructor and a member of the Yoga Alliance. She includes a blend of the Kripalu and Iyengar styles in her teaching. Participants should wear comfortable clothing and bring a towel. Mats are available at Recreation.

YOGA: Strengthen, Relax, Renew**Act.# 2070 Sec. I**

Dates: Thursdays, beginning July 6
Time: 7:30 – 9:00 PM
Location: Recreation Conference Room
Fee: \$ 60.00 Village residents for 6 sessions
\$ 72.00 non-residents
Registration Deadline: June 30
Instructor: Andrea Naitove, **See Description Above**

CROTON SAILING SCHOOL

Adults can take hands-on sailing instruction aboard a fleet of 24', 26', and 34' yachts. Courses are offered in Learn to Sail, Coastal Cruising, Bareboat Cruising & Navigation. All courses offer American Sailing Association certification. Captain Charters are also available. You may also sail on your own with the Croton Sailing Club. For more information contact the Croton Sailing School at (914) 271-6868 and www.crotonsailing.com Discounts are available for Croton Residents.

HUDSON NATIONAL GOLF COURSE

Residents of the Croton Village and the Croton School District have an opportunity to play at Hudson National Golf Course on a once per month basis. A yearly \$10.00 registration fee must be paid to the Recreation Department. **A VALID RECREATION & PARKS PHOTO I.D. IS REQUIRED TO REGISTER.** Once registered, you are placed on an eligible golfer list. Once tee times are distributed, it is up to the individual to arrange their own twosome or foursome. Greens fees of \$30.00 for Village residents and \$40.00 for School District residents **MUST BE PAID for each person** before the reservation is confirmed. Complete information on Hudson National Play is available through the Recreation Department.

Senior Activities

The Croton Seniors gather for their weekly meetings on Fridays at 12:30 PM in the Community Room of the Municipal Building. Beginning June 2nd through September 1st, meetings take place at Senasqua Park, weather permitting. All senior residents are invited to join us for fellowship and good cheer.

We hope to see all our neighbors at Summerfest on Sunday, June 4th. For further information call Yvonne Beldotti, Director of Senior Recreation at 271-5804.

SAVE THE DATE !!!

MEMBER OPEN HOUSE

Date: Friday, May 19

Time: 11:30 AM

Location: Municipal Building Community Room

Come and join us for an afternoon of fun, friends and a great film, Roman Holiday. Refreshments will be served.

For information about club membership, please contact Yvonne Beldotti, Director of Senior Recreation at 271-5804.

SENIOR TRIP GIFT CERTIFICATES

Would you like to give a gift to a Senior Citizen in Croton but are unsure of what they really need? Why not give them a day of recreation, traveling and having fun with their friends in Croton? Family members, friends, and neighbors can purchase a gift certificate for special occasions such as a birthday, anniversary, or holiday.

Gift certificates can be purchased for \$25.00, \$35.00, and \$50.00. All certificates are honored for one year from the date of issue. Any unused portion of a gift certificate will be applied as a household credit, and used towards a future trip. Certificates are **non-transferable** and must be used only by the person to whom the certificate is issued. Certificates may not be used for other Senior Club events or recreation activities. There are **NO Refunds** on gift certificates. Please contact Yvonne Beldotti at 271-5804.



UPCOMING TRIPS

Oyster Bay Day Trip

Wed., May 10

Brandywine River Valley Tour

Fri., June 16 & Sat., June 17
(2 Days – 1 Night)

For more information or to register, please contact Yvonne Beldotti, Director of Senior Recreation, at 271-5804

SENIOR EXERCISE

Act.# 2060 Sec. I

Dates: Fridays – on-going

Time: 10:00 – 11:00 AM

Location: Recreation Conference Room

Fee: \$10.00 per year Village residents
\$20.00 per year non-residents

This class is a great way to start your Friday. Instructor Geri Feller will lead the group through stretching and strengthening exercises. Anyone wishing to participate in this program must complete a registration form and pay the fee once each year, from June 1, 2006 to May 31, 2007.



BOOK DISCUSSION GROUP

Act.# 2055 Sec. 3

Dates: Mondays, May 22, June 19, July 17, August 21

Time: 10:00 – 11:30 AM

Location: Municipal Building Community Room

Fee: \$5.00

Registration Deadline: May 17

Instructor Amy Melman returns for another season of enlightening stories and energizing discussion.

AARP DEFENSIVE DRIVING COURSE

Act.# 2065 Sec. 2

Dates: Tuesday, May 16

Time: 9:00 AM – 5:00 PM

Location: Municipal Building Community Room

Fee: \$10.00 per person

Checks made payable to “Croton Recreation”

Registration Deadline: April 28 or until the program is filled.

Class is limited to 35 persons.

Instructor: Douglas Mead

This defensive driving class is referred to as the point/insurance reduction class. Please bring a brown bag lunch.

CHAIR YOGA and MEDITATION

Act.# 2110 Sec. 4

Free half-hour demonstration class on Friday, April 28 at 1:00 PM in the Municipal Building Community Room.

Dates: Mondays, beginning May 1
No class May 29

Time: 11:30 AM – 12:30 PM

Location: Recreation Conference Room

Fee: \$60.00 Village residents for 8 sessions
\$72.00 non-residents

Registration Deadline: April 28

Instructor: Andrea Naitove

Chair Yoga incorporates all aspects of yoga, such as meditation, breathing, asanas, and relaxation. In this class, participants do not get down onto the floor. Yoga leaves one feeling relaxed, renewed, and with a more joyful outlook – something that people with limited physical ability can really appreciate and benefit from. Andrea is a certified Journey into Yoga instructor and a member of the Yoga Alliance. Participants should wear comfortable clothing.

FILM SERIES

Dates: May 19, June 9, July 21, August 18

Time: 1:30 PM

Location: Municipal Building Community Room

Fee: Free to Croton Senior Club members
\$2.00 non-members

Registration: Please contact Yvonne Beldotti at 271-5804.

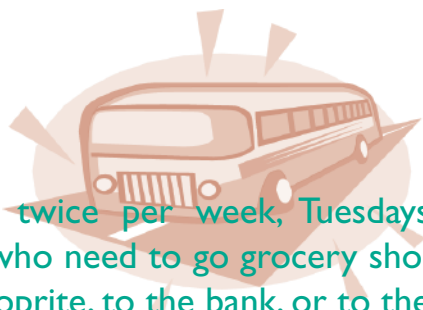
BLOOD PRESSURE READINGS

The first Friday of the Month, a nurse is available for blood pressure readings from 11:00 AM – 12:00 Noon at the Municipal Building Community Room or at Senasqua Park, weather permitting from June 2 to September 1.



JEFFERSON VALLEY MALL SHOPPING

On the second Wednesday of the month, a shopping trip to the Jefferson Valley Mall is open to all Croton Seniors. The dates for spring/summer 2006 are: May 10, June 14, July 12, and August 9. The van leaves the Municipal Building at 9:30 AM and returns approximately at 1:30 PM. To register, please contact Yvonne Beldotti at 271-5804.



SHOPPING BUS

A shopping bus is available twice per week, Tuesdays and Thursdays, for those seniors who need to go grocery shopping. The bus takes residents to Shoprite, to the bank, or to the post office. Anyone who wishes to participate should call the Croton Recreation Department at 271-3006 or Yvonne Beldotti at 271-5804.

Seasonal Activities

SILVER LAKE SWIMMING

Season permit holders are responsible for knowing the park rules. Please make sure you receive a copy when you register. Swimming Permits for the season are offered as follows (along with photo ID):

Village Resident Family	\$125.00	Act.# 7100
Village Resident Adult	\$ 60.00	Act.# 7110
Village Resident Child (4 years & up)	\$ 30.00	Act.# 7120
School District Family	\$165.00	Act.# 7200
School District Adult	\$ 80.00	Act.# 7210
School District Child (4 years & up)	\$ 40.00	Act.# 7220

Daily Fees at Silver Lake:

Adult Village Resident	\$5.00
Child Village Resident	\$3.00
Adult School Dist./Guest	\$7.00
Child School Dist./Guest	\$4.00

All guests **MUST BE** accompanied by a Village resident or School District resident photo ID holder.

SENASQUA PARK **GROUP PERMITS**

Applications are available for Village and School District residents to reserve the pavilion at Senasqua Park for a group outing. The individual reserving the pavilion must have a valid photo I.D. issued by the Recreation and Parks Department.

	<u>Village Residents</u>	<u>School District</u>
25 and below (no pavilion)	\$ 35.00	\$ 50.00
8-100 (with pavilion)	\$200.00	\$275.00

SENASQUA BOAT BASIN

Spots are available for either in water moorings, on land park storage or spots on a sunfish rack. There is also an option of a ramp pass which entitles the boater to ramp their boat on a daily basis. The boat basin will officially open on May 6.

2006 Fees

Village Resident Moorings

15' – 20.0'	\$445
20'1" – 26.0'	\$485
26'1" – 32.0'	\$525
32'1" – 37.0'	\$565
37'1" – 46.0'	\$605

Non-resident Moorings

\$625
\$680
\$735
\$790
\$845



Village Resident Park Storage

14' – 20.0'	\$375
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Non-resident Park Storage

\$530

Village Resident Sunfish

\$255

Non-resident Sunfish

\$360

Village Resident Ramp Pass

\$135

Non-resident Ramp Pass

\$190

Village Resident Jet Ski Pass

\$180

Non-resident Jet Ski Pass

\$255

You must register using the appropriate Boat Basin Application form. Details on space availability and an application form can be obtained at the Recreation Office. Fee discounts are available to Village residents and School District residents over age 60, with proof of age and residency.

Windsurfing

Anyone wishing to windsurf from Senasqua Park must obtain a windsurfing permit from the Recreation Office. Fees are \$50.00 for Village residents and \$60.00 for non-residents.

SUMMERFEST

Sunday, **June 4th** join Croton in the streets, celebrating the Summer Season! Street vendors, delicious foods and wonderful entertainment will be abundant throughout the day. The Summerfest parade kicks off at 1:00 PM and the fun continues through 6:00 PM. We will have live music throughout the afternoon.

DISCOUNT TICKET PROGRAM

In cooperation with the New York State Recreation & Park Society, we are offering discounted admission tickets to various amusement parks. You may purchase individual or group tickets directly from our Recreation & Parks Office in the Municipal Building for parks in NY, NJ, and PA. No minimum purchase is required, so take advantage of these great discounts.

<u>Amusement Park</u>	<u>Gate Price</u>	<u>Recreation</u>
Great Escape/Splashwater (Lake George)	\$37.64	\$25.60
Mountain Creek Waterpark (Vernon, NJ)	\$27.99	\$19.00
Six Flags Great Adventure (Jackson, NJ)	\$45.99	\$28.50
Sesame Place (Langhorne, PA)	\$45.26	\$34.35
Hershey Park (Hershey, PA)	\$41.95	\$33.95

Summer Movie Series

Movies are shown in Senasqua Park beginning at dusk. Families are encouraged to bring a picnic, enjoy the sunset and stay for the movies. In case of rain, movies are shown on the next evening.

JULY 5 DR. SEUSS' THE CAT IN THE HAT (PG)

The fabled feline, The Cat in the Hat is a highly stylized adaptation of the beloved Dr. Seuss classic. The mischievous cat happens upon two bored siblings who are ho-humming through a rainy day. Once the cat is in charge, it is a non-stop whirlwind through a fantasy land that astounds the adventure-bound twosome.

JULY 12 THE CURSE OF THE WERE-RABBIT (G)

Clay-animated characters hit the big screen when clumsy but creative Wallace invents a humane pest-control outfit called "Anti-Pesto" to protect the gardens in the neighborhood. With the annual Giant Vegetable Competition coming up, panic erupts when a "beast" begins feasting on the town's vegetable plots. It is up to Wallace and his trusty dog Gromit to hunt down the veggie invader.

JULY 19

SHREK 2

(PG)

Shrek and Fiona are back from their honeymoon, and it is time to meet her parents. The only problem is that they don't know she's an ogre. They have to contend with hysterical parents, a VERY disappointed Prince Charming and a determined ogre-slayer.

JULY 26

**LEMONY SNICKET'S A SERIES
OF UNFORTUNATE EVENTS**

(PG)

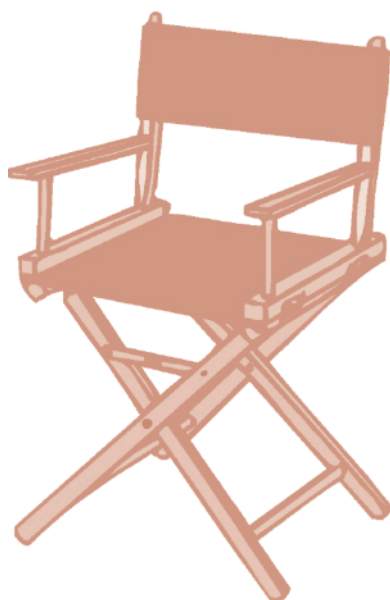
This movie is based on the popular children's books. The Baudelaire children are sent from relative to relative, but the worst is the dastardly Count Olaf who knows the children are to receive a huge inheritance when the oldest girl is of age and wants the money for himself. The children figure out his intentions in this devilishly fun adventure.

AUGUST 2

**HARRY POTTER AND
THE PRISONER OF AZKABAN**

(PG)

Harry, Ron and Hermione return to the School of Witchcraft and Wizardry for their third year. An escaped prisoner named Sirius Black seems to pose a threat to Harry, but is he really a foe...or a friend? The answer provides a shocking revelation about what happened 12 years ago when Harry got his famous scar!



Summer Concert Series

Concerts are scheduled for Friday evenings at 7:00 PM in Senasqua Park; the rain date is Saturday night, unless otherwise indicated. This year's line up will be as follows:

JUNE 30 **THE SAINTS**

"The Saints" are a band known for their rhythm & blues sounds, tight harmonies and jazzy horn arrangements.

JULY 7 **SECOND WIND**

Whether it's classic rock, Second Wind style R&B or "unplugged" acoustic, the Second Wind Band will make it a night to remember.

JULY 14 **BLUE WATER**

This local Croton band is back for another night at the park. Blue Water plays acoustic and electric Rock & Roll with a harmony twist.

JULY 21 **DOC ROCK**

Doc Rock has been rocking together for over ten years. Join them for a rejuvenating dose of classic rock.

JULY 28 **SUNDOWN BAND**

Sundown performs unique renditions of Southern Rock classics from bands such as Lynyrd Skynyrd, The Allman Brothers, The Outlaws, Marshall Tucker, Molly Hatchet and more.

AUGUST 4 **UNCHAINED**

For "Those About to Rock," Unchained performs a wide variety of classic and contemporary Rock 'n Roll favorites, including artists such as The Eagles, Springsteen, Lynyrd Skynyrd, Marshall Tucker, Creedence Clearwater Revival, Hootie and the Blowfish and more!

Family Entertainment Series

Once again, thanks to the generosity of local Croton businesses, professionals and individuals we are able to bring a series of entertainment to the Village. We are including several types of entertainment in hopes that we reach every Croton family one way or another.

WE ARE PLEASED TO THANK ALL OF THOSE WHO HELPED MAKE THIS SERIES POSSIBLE...

PATRON

ADAM WEST INC

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FRANZOSO CONTRACTING, INC – A show room in every neighborhood!

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OTHER DONATIONS
MONTROSE ANIMAL HOSPITAL
DR. BRUCE FISCHBERG
HOLY NAME OF MARY PARISH

JULY 6 **THE GRAND FALLOONS** **7 PM**

This wildly exuberant 1920's Vaudeville is written and performed by veterans of NYC's Big Apple Circus. The show includes live music, comic juggling, virtuoso concertina, mediocre saxophone and really cool bubble magic...and gum!

JULY 13 **SENASQUA PARK** **7 PM**
THE YO-YO MAN

Watch as Ken Sprano combines three art forms to create a unique entertainment experience. Imagine origami, magic, & outrageous yo-yo tricks that will fascinate & delight crowds of all ages!

JULY 20 **SENASQUA PARK** **7 PM**
THE BANJO RASCALS

Join this toe-tapping band as they highlight music from 1890's Ragtime, the Roaring 20's and classic Rock-n-Roll from the 1950's and 60's.

JULY 27 **SENASQUA PARK** **7 PM**
DAVID LEVITAN'S MAGIC SHOW

David has magical hands & superb timing. His fast-paced show features magic, juggling, fluttering birds, mind reading & tons of audience participation. This show is a treat for the whole family.

AUGUST 2 ***VASSALLO PARK*** **10 AM**
JEFFREY & THE BOSSY FROG BAND

This show is guaranteed to get the audience singing, dancing, laughing, hopping & having a great time!



*Village of Croton-on-Hudson
Recreation & Parks Department
Mail-in Registration Form/Release Form*

Please print and use a separate form for each person. When mailing a form, please send separate checks for each program. All information must be completed or registration will not be accepted.

Participant's
Name _____ Date of Birth _____ Grade _____

Address _____

Parent's Name _____
(if under 18)

Home Phone _____ Work Phone _____

Emergency Name & Phone _____

Activity #	Section #	Program	Day	Fee
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-----	-----	-----	-----	-----
-----	-----	-----	-----	-----

Total Due _____

I am enrolling myself/my child in programs offered by the Croton Recreation and Parks Department/Village of Croton-on-Hudson. In so doing, I hereby waive, release and discharge the Village of Croton-on-Hudson, its employees and agents from any liability for injury to person or property that may arise from my/my child participating in these programs. I hereby also state that I will have health insurance for myself/my child in effect during the time I am engaging in any activities offered by the Croton Recreation Department, its agents or employees. I agree to indemnify and hold harmless the Village of Croton-on-Hudson for any damages or injuries resulting from my or my child's intentional or negligent conduct.

Participant's Signature (parent or guardian if under 18)

Date

Registration may be done using this "Mail-in Registration Form". Please be sure to complete all information, sign and enclose check(s) for the proper amount made payable to "Croton Recreation and Parks" and mail to Municipal Building, 1 Van Wyck Street, Croton-on-Hudson, NY 10520.

Croton Recreation
& Parks Department
Stanley H. Kellerhouse
Municipal Building
One Van Wyck Street
Croton-on-Hudson,
New York 10520



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